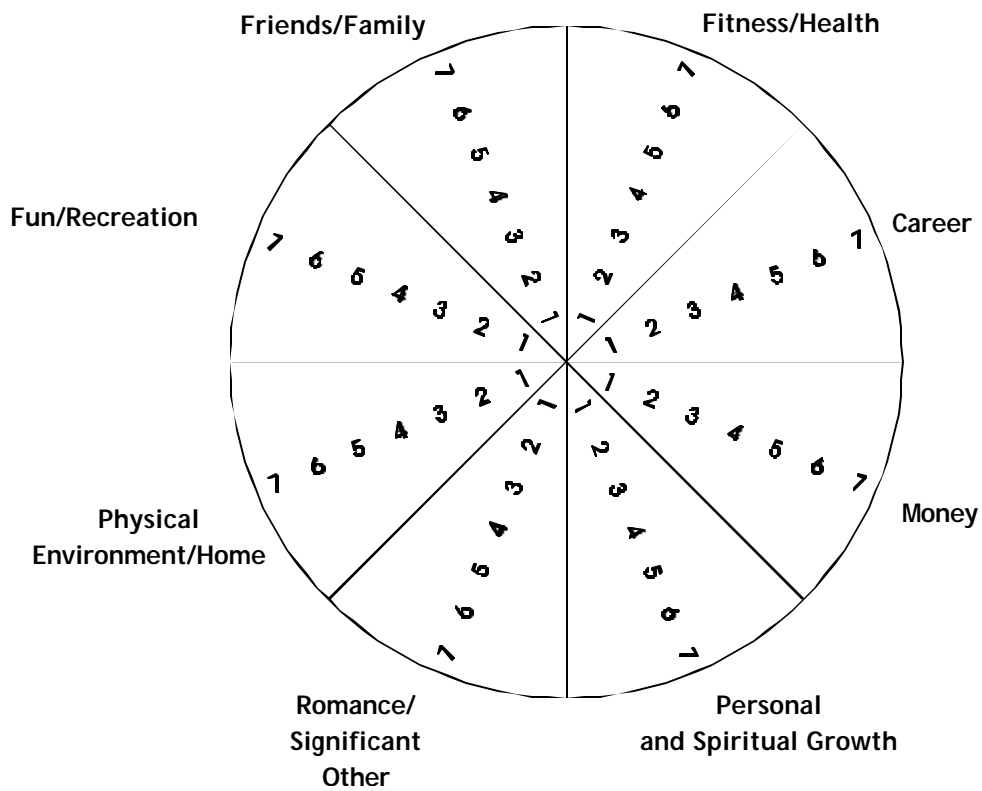


# Life Balance Wheel

Within each of the following areas, circle the number that best represents your level of satisfaction in that area of your life ("7" = Completely satisfied; "1" = Completely dissatisfied):



Now, connect the dots. Imagine how your car would travel if the wheels were in this shape!